

August 2026 Senior Centers serve both Regular Meals and Light Fare meals. In-Home Meals serve Regular Meals. 1% Milk is served with all meals.

Mon. 8/3/26

Regular Meal: Hamburger Barbeque, Sandwich Roll, Garlic Broccoli, Creamed Corn, Chocolate Pudding

Lighter Fare: Pimento Spread, Whole Grain Crackers, Tomato & Cucumber Salad, Fresh Clementine

Tues. 8/4/26

Regular Meal: Chicken Parmesan, Spaghetti w/ Sauce, Cauliflower, Fresh Watermelon

Lighter Fare: Chicken Parmesan, Spaghetti w/ Sauce, Cauliflower, Fresh Watermelon

Wed. 8/5/25

Regular Meal: Cheeseburger Casserole, Green & Wax Beans, Buttered Corn, Gelatin w/ Fruit

Lighter Fare: Chef Salad w/ Ranch & Ham, Turkey, Cheese, Macaroni Salad, Tomato & Cucumber Salad, Fresh Banana

Thurs. 8/6/26

Regular Meal: Sausage Patty, w/ Peppers & Onions, Sandwich Roll, Molasses Baked Beans, Broccoli & Carrots, Fresh Clementine

Lighter Fare: Sliced Turkey & Provolone w/ Lettuce Leaf, Whole Grain Bread, Broccoli Salad, Tropical Fruit Salad, Fresh Apple

Fri. 8/7/26

Regular Meal: Parmesan Breaded Fish, Au Gratin Potatoes, Dilled Carrot Coins, Gelatin w/ Fruit, Whole Grain Bread

Lighter Fare: Antipasta Salad w/ Ranch & Ham, Salami, Cheese, Tomato & Cucumber Salad, Fresh Cantaloupe, Dinner Roll

Mon. 8/10/26

Regular Fare: Goulash, Green & Wax Beans, Honey Glazed Carrots Coins, Fresh Banana

Lighter Fare: Tuna Salad, Whole Grain Bread, Macaroni Salad, Cucumber & Onion Salad, Fresh Clementine

Tues. 8/11/26

Regular Meal: Roasted Pork w/ Sauerkraut, Whipped Potatoes, Apple Sauce, Dinner Roll
Lighter Fare: Sliced Turkey & Cheese, Whole Grain Wrap, Broccoli Salad, Fresh Watermelon, Chocolate Chip Cookie

Wed. 8/12/26

Regular Meal: Chicken Noodle Casserole, Carrots & Cauliflower, Creamed Corn, Baked Custard

Lighter Fare: Sliced Ham & Swiss, Whole Grain Bread, Three Bean Salad, Mandarin Oranges, Fresh Apple

Thurs. 8/13/26

Regular Meal: Pepper Steak w/ Pepper Gravy, Halushkie, Peas w/ Pearl Onions, Pears

Lighter Fare: Chicken Salad, Croissant, Fresh Romaine w/ French Dressing, Italian Tomato Salad

Fri. 8/14/26

Regular Meal: BBQ Chicken, Sandwich Roll, Molasses Baked Beans, Broccoli & Carrots, Creamy Cole Slaw

Lighter Fare: Chicken Fajita Salad w/ Ranch Dressing, Fresh Cantaloupe, Corn & Black Bean Salad, Tortilla Chips

Mon. 8/17/26

Regular Meal: Honey Glazed Pork Loin, White Rice, Buttered Sesame Broccoli, Pineapple

Lighter Fare: Waldorf Chicken Salad, Croissant, Italian Tomato Salad, Fresh Grapes

Tues. 8/18/26

Regular Meal: Chicken Ala King Buttered Noodles Lemon Pepper, Vegetables, Apple Sauce, Dinner Roll

Lighter Fare: Waldorf Chicken Salad Croissant, Italian Tomato Salad, Fresh Grapes

Wed. 8/19/26

Regular Meal: Alpine Hamburger with Hamburger Roll, German Potato Salad, Yellow Wax Beans, Tomato and Cucumber Salad

Lighter Fare: Tuna Salad, Whole Grain Bread, Three Bean Salad, Cucumber and Onion Salad, Fresh Clementine

Thurs. 8/20/26

Regular Meal: Baked Pizza Casserole, Garlic Broccoli, Carrot Coins, Fresh Banana

Lighter Fare: Bacon, Lettuce, Tomato, Whole Grain Bread, Italian Tomato Salad, Creamy Cole Slaw, Fresh Apple

Fri. 8/21/26

Regular Meal: Jumbo Texas Hot Dog, Hot Dog Roll, Molasses Baked Beans, Peas & Carrots, Fresh Orange

Lighter Fare: Crispy Chicken Salad w/ Fresh Romaine & Ranch Dressing, Three Bean Salad, Fresh Watermelon, Dinner Roll

Mon. 8/24/26

Regular Meal: Pork Schnitzel w/ Mushroom Gravy, Rice Pilaf, Mixed Vegetables, Fresh Clementine, Dinner Roll

Lighter Fare: Sliced Ham & Swiss, Whole Grain Bread, Creamy Cole Slaw, Pears, Fresh Clementine

Tues. 8/25/26

Regular Meal: Creamy Pesto Chicken, Buttered Noodles, Glazed Carrots, Fresh Orange

Lighter Fare: Antipasta Salad w/ Italian & Ham, Salami, Cheese Tomato & Cucumber Salad, Fresh Cantaloupe, Dinner Roll

Wed. 8/26/26

Regular Meal: Pepper Steak w/ Pepper Tomato Sauce, Scalloped Potatoes, Rivera Vegetables

Three Bean Salad

Lighter Fare: Chicken Salad, Croissant, Pepper Slaw, Sliced Apples, Fresh Banana

Thurs. 8/27/26

Regular Meal: Chicken and Broccoli Casserole with Egg Noodles, Broccoli, Butternut Squash, Pepper Slaw

Lighter Meal: Sliced Turkey and Provolone, Whole Grain Wrap, Fresh Watermelon, Broccoli Salad, Fresh Apple

Fri. 8/28/26

Regular Meal: Meatloaf w/ Gravy, Mashed Potatoes, Shaved Brussels, Vanilla Pudding, Whole Grain Bread

Lighter Fare: Buffalo Chicken Salad w/ Blue Cheese Dressing, Fresh Cantaloupe, Broccoli Salad, Fresh Banana, Dinner Roll

Mon. 8/31/26

Regular Meal: Roasted Pork w/ Gravy, Mashed Potatoes, Buttered Catalina, Vegetables,
Fresh Peach, Whole Grain Bread

Lighter Fare: Ham Salad Croissant, Italian Tomato Salad, Sliced Apples, Baked Custard